



These are the motions for all the letter sounds. Some children need cues to remember the sound for each letter. These help our brain recall the sound quickly. This is a nice kinesthetic way to reinforce sounds. If your child is struggling to recall the letter sound, please remind him/her to use the motion to help recall the sound. Please remember only short vowel sounds for now. Thanks for all your help and support.

A is like biting and apple

B is like a baseball bat

C is cat claws

D is dog paws

E is pulling on ear saying elephant ear

F is moving your hand like a fish

G is pulling a beard for Gus the goat

H is hand in front of mouth for H sound on your hand

I is thumb under the chin for itch

J is jump

K is kick

L is lollipop like you are licking it

M is point to mouth

N is point finger and say NO!

O is circle around the mouth for sound and octopus

P is put pointer finger in front of mouth to feel sound and say puff of air

Q make a crown for queen on top of your head

R is all fingers creating rain,

S is the hand and arm making a snake

T is two finders in front of the mouth to feel the sound and say the number 2

U is fist in the tummy and thumbs “up” for the sound

V put hands in praying position and go up like a volcano

W is hands up like holding a watermelon to mouth and making the sound

X cross both pointer fingers to create sound with x-ray

Y is a yo yo on your pointer finger going up and down

Z is like you are zipping up your zipper.